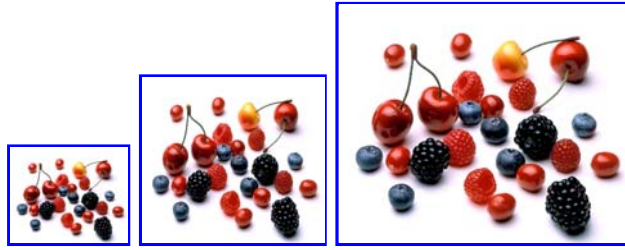


[EarthSave Louisville](#) educates people about the extremely powerful and documented effects our food choices have on the environment, our health and life of Earth, and encourages a shift toward a healthy, plant based diet--all within a local context.

EarthSave Louisville is a non-profit 501(c)3 corporation; PO Box 4397 Louisville, KY 40204

## August Potluck:

# **Savory Berries with a kick!**



Saturday, August 14th, 2010; 6 - 8 p.m.

Dr. Harini Aiyer has finished her U of L PhD studies and is enroute to a post-doc in Washington DC. Her research into the anti-cancer properties of berries will be inspiring and captivating. Berries have been cultivated in the Americas for centuries, considered folk medicine by the Native Americans. They continue to play an important role in the American culinary repertoire. She will be talking a bit about how various locally available berries can alter physiological processes and provide health benefits that will help you enjoy a long and productive life. Imagine fighting cancer with your fork: " 'Take that, you scoundrel!', says Dread Pirate Roberts"

Announcements will be given (pertaining to healthy food and behavior change), and a general ruckus and melee will result from raffling with a high-win ratio. Why not come? Why not invite friends?

AGENDA for Saturday, August 14th

**4:00 PM Vegan Cooking Class**

6:00 PM Plant-based/Vegan/veggie Potluck

**7:00 PM Dr. Harini Aiyer: Berries on the Attack!**

8:15 PM Enviro/Health/Food/Ethic Video screening

Sponsored by EarthSave Louisville

Location: United Crescent Hill Ministries

[150 State Street](#)

[Louisville, KY 40206 \(MAP-link\)](#)

\$2 when you bring food and a placesetting  
(\$3 with no placesetting; \$8 if empty handed)  
Questions? Call 502.299.9520

<http://louisville.earthsave.org>

<http://louisville.earthsave.org/PotluckSpeakerAugust2010.html>

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<http://louisville.earthsave.org/PotluckSpeakerAugust2010.pdf>