

# November "Dining Out"

## AlWatan Restaurant



Thursday, November 19<sup>th</sup>, 2009  
Gather at 6:00 PM  
Sponsored by EarthSave Louisville  
ALWATAN RESTAURANT  
3713 Klondike Lane (off Hikes Lane)  
Louisville, KY 40218  
(502) 454-4406

Our monthly visit to a local veg-friendly restaurant brings a Palestinian twist. The AlWatan menu is both unique and inexpensive. In the spirit of "descending upon" a restaurant and ordering vegetarian dishes, our behavior sends a strong message to the manager/owner that "we are out there". Good conversation is a given since interesting people are likely to show up. The middle-eastern grocery store next door has cheap spices and yummy desserts. Come out and give it a try! Check out their menu:

<http://menusoflouisville.com/alwatan.aspx>

**Please RSVP to Sharon at 222-5115 or [slrwa3@yahoo.com](mailto:slrwa3@yahoo.com)**

EarthSave leans toward the thinking that helping to save the earth involves changing the habits of flexible and entrepreneurial restaurant and establishment owners. Our monthly foray makes a difference in our community, especially when our voice matches our actions. Furthermore, getting out and socializing has been proven to be very healthy for mind and body, too!...Come on out and start getting healthy, and moving the planet towards health...one bite/meal/gathering at a time.

Spread the word!

<http://louisville.earthsave.org/DiningOutNov.html>



<http://www.louisville.earthsave.org>

*Encouraging Plant-based Nutrition 24/7*